

The Outpatient Medical Rehabilitation Program at Sinai

The Outpatient Medical Rehabilitation Program at New England Sinai Hospital and Rehabilitation Center serves an adult population from Boston, Southeastern Massachusetts and Cape Cod areas. The focus of the program is to provide an efficient patient/family-focused program of education and treatment that emphasizes each patient's unique strengths, abilities and preferences. The Program's goal is to maximize each patient's level of functional independence consistent with the demands of community living.

The clinical measure that is being used in the Outpatient Medical Rehabilitation Program is FOTO (Focus on Therapeutic Outcomes). Patients from the Departments of Physical Therapy and Occupational Therapy score themselves at the time of admission to and discharge from select Outpatient Medical Rehabilitation Programs. A sample of patients who have completed these Outpatient Medical Rehabilitation Programs will have their functional status assessed through the use of a follow-up telephone interview within 60 days of discharge.

We are very pleased to share that Sinai's Outpatient Medical Rehabilitation Program won FOTO Outcomes Excellence Awards each quarter in 2007. Sinai's multiple, consecutive FOTO Outcomes Excellence Awards recognize that our patients' Functional Change exceeds the national average.

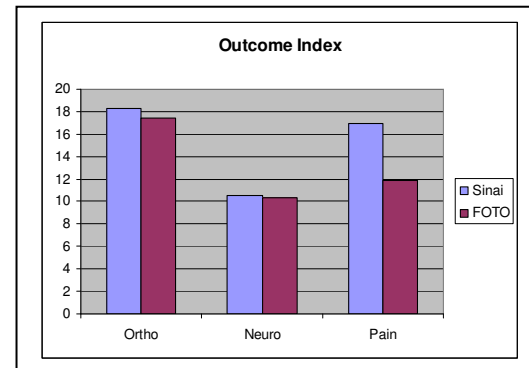
Last year (January through December 2007):

The Number of patients was as follows:

- 272 Orthopedic patients
- 290 Neurologic patients
- 44 Pain Management patients

The average number of Visits received by patients was:

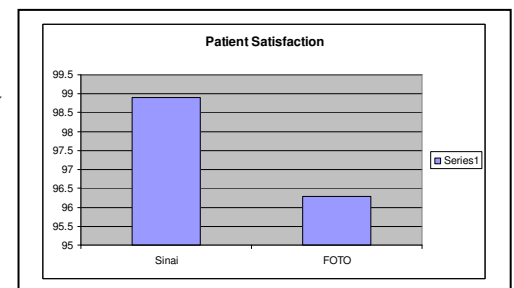
- Orthopedic patients: 14
- Neurologic patients: 15
- Pain Management patients: 14



The average **Outcome Indexes** (improvement in functional ability) of our patients met or exceeded the national averages:

- Orthopedic patients: 18.3 at Sinai vs. 17.4 nationally
- Neurologic patients: 10.5 at Sinai vs. 10.3 nationally
- Pain Management patients: 16.9 at Sinai vs. 11.9 nationally

The average **Patient Satisfaction** with our Program was 98.9% - better than the national average of 96.3%



On follow-up:

- 89% of the patients we were able to contact stated that they had maintained improvements resulting from their therapy
- 84% of those patients were still utilizing their Home Exercise Programs. Previous studies have shown that there is a correlation between continued use of Home Exercise Programs, and maintained improvements.